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[Can You Be At Risk For Cancer](#)

Lung Cancer: Are You at Risk?



Smoking

**Second-Hand
Smoke**

**Radon Gas
Exposure**

**Asbestos
Exposure**

**Other
Carcinogens**

Air Pollution

**Arsenic in
Drinking Water**

**Previous Lung
Radiation**

**Personal or
Family History**

Learn more about lung cancer symptoms, types, and research at
www.LCFAmerica.org

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Common Causes of Cancer. Learn about some of the most common causes of cancer, and what you can do to lower your exposure or risk.. We'll use a cookie to save your choice. You can read more about our cookies before you choose. I'm OK with analytics cookies; Do not use There's no magic pill to keep you from getting cancer, but you can do some things to improve your odds. 2 / 13. Drop the Weight. Feet A risk factor is anything that makes you more likely to develop a certain disease. No one knows exactly what causes cancer, but having specific Cancer is everywhere. Here are 34 of the most potent, carcinogenic things you can breathe in, swallow, or be around. Reader, beware.. Risk factors and cancer screening. Understanding your risk for cancer can help your doctor decide whether you could benefit from: A cancer screening test, such Having one risk factor, or even many, does not mean that someone will get cancer. Some people with one or more risk factors never develop the For example, if you flip a coin, there is one chance in two, or a 50 percent chance, that the coin will land heads up. Risk estimates for cancer and other diseases Learn how a healthy lifestyle can help reduce your risk of cancer. Did you know? 4 out of 10 cancer cases can be prevented. For example, we can watch what Being a healthy weight has lots of benefits, including reducing the risk of cancer. Making small changes can help you to be healthier. We have ten Kidney cancer is the eleventh most commonly diagnosed cancer in Ontario. But if you know your risk factors, there are things you can do to But there are risk factors that can increase your chance of developing it. Having one or more risk factors does not mean you will get cancer. Also, having no risk According to the American Cancer Society, there is strong evidence that an individual's risk of developing cancer can be substantially reduced by healthy behavior:.. One theory is that the suppression of melatonin at night (which comes from exposure to bright light) could be partly responsible. Indeed, scientists have seen this Cigarette smoking is the number one risk factor for lung cancer. In the United ... Cigarette smoking can cause cancer almost anywhere in the body. Cigarette Jump to Risks you cannot control - There are, however, some things you can do to lower your chances of getting it. 2. Age and breast cancer risk. Getting One analysis of 35 studies showed that eating more cruciferous vegetables was associated with a lower risk of colorectal and colon cancer (3 Age, weight, exposure to carcinogens, and genetics can increase the risk of developing cancer. Learn more from this Did You Know? video Many factors influence whether a person gets cancer, and many cancers are preventable. There is much you can do to reduce your cancer risk, Sometimes a gene mutation that can cause cancer is passed on to you by your parents (inherited). Cancers caused by inherited gene mutations are called ... d39ea97ae7

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